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SUMMER 2022 COURSE SCHEDULE

Announcements

COVID PROTOCOLS

COVID protocols are specific to each host site. Please see the posting on the [Curriculum Forum](#) for details or contact your coordinator.

Registration

To register for a course, please email or call the course coordinator.

Printable Course Listing

[Printable Spring 2022 Course List \(PDF\)](#)

Revised January 17, 2022

Course Details

Click on a course title below to view detailed information about the course.

Monday

#	Time	Course	Coordinator	Location
1	10:00 AM - 12:00 PM	Prehistoric Mass Extinctions: Are We Next?	Prof. Alan Capelle	Capitol Lakes
2	11:00 AM - 12:00 PM	Thinking as a Sacred Activity	Heather C. Williams	Virtual
3	1:00 PM - 3:00 PM	Exploring Creativity	Karen Wulff	Christ Presbyterian Church

Tuesday

#	Time	Course	Coordinator	Location
1	10:00 AM - 12:00 PM	Short Stories and Essays	Irv Klibaner	Capitol Lakes

Wednesday

#	Time	Course	Coordinator	Location
1	1:00 PM - 3:00 PM	Writing Workshop	Andy Millman	Virtual
2	2:00 PM - 3:30 PM	Mindfulness: Aging as a Spiritual Practice: A Book Discussion	Craig Wille	Hybrid - Vista West

Thursday

#	Time	Course	Coordinator	Location
1	10:00 AM - 12:00 PM	Hidden Gems: Lesser known Songs of Bob Dylan	Tim Otis	Covenant Presbyterian Church

SUMMER 2022 COURSE DESCRIPTIONS

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PREHISTORIC MASS EXTINCTIONS: ARE WE NEXT?

Coordinator

Name	Email	Phone
Prof. Alan Capelle	alandcapelle@gmail.com	608-215-9632

Course Description

During the 4.6 billion-year history of planet Earth, five major mass extinctions have occurred which have profoundly impacted the planet's biodiversity. Join Prof. Alan as we explore each of these major events and what humans are doing to our planet during the 6th major mass extinction. Are we at risk of exterminating ourselves with our current atmospheric experiment already underway?

Location	Capitol Lakes
Meeting Day	Monday
Meeting Time	10:00 AM to 12:00 PM
Start Date	June 06, 2022
End Date	July 05, 2022
No Course Dates	June 20, 2022; July 04, 2022
Participation	
Class Size	30
# of Sessions	4
Registration	Required, contact coordinator for instructions

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THINKING AS A SACRED ACTIVITY

Coordinator

Name	Email	Phone
Heather C. Williams	heather@drawingtogether.com	760-213-6060

Course Description

We'll use drawing exercises and journal writing to explore three kinds of thinking: Mechanical Thinking, Critical Thinking and Straight Thinking in the Abstract. We will look at the first four inventions of humanity (hunter/gatherer, herder, farmer, civilization). We'll explore humanity's 5th invention (Artificial Intelligence) and how it will really change our world. We'll explore the work of Plato, Socrates, Joseph Campbell, Gerald Heard, Carl Jung, Thane Walker and more to understand how thinking is a sacred activity.

Location	Virtual
Meeting Day	Monday
Meeting Time	11:00 AM to 12:00 PM
Start Date	June 06, 2022
End Date	July 11, 2022
No Course Dates	July 04, 2022
Participation	High participation with assignments and/or possible presentations by participants
Class Size	No limit
# of Sessions	5
Bio	Heather C. Williams Bio

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EXPLORING CREATIVITY

Coordinator

Name	Email	Phone
Karen Wulff	wulff.karen@gmail.com	608-770-8408

Course Description

Class will be a workshop where individuals work on their personal art goals in a sharing environment. Participants can exchange knowledge and offer “gentle” feedback to each other if they want to. Bring the supplies you will need for your own project. Everyone must bring a plastic or similar material sheet or tarp to put under their workspace. We are fortunate to be invited to use the space and therefore this requirement is a must. Also, the church requires that participants follow their COVID-19 protocols.

Location	Christ Presbyterian Church
Meeting Day	Monday
Meeting Time	1:00 PM to 3:00 PM
Start Date	June 06, 2022
End Date	August 15, 2022
No Course Dates	July 04, 2022
Participation	High participation with assignments and/or possible presentations by participants
Class Size	10
# of Sessions	10
Registration	Required, contact coordinator for instructions

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SHORT STORIES AND ESSAYS

Coordinator

Name	Email	Phone
Irv Klibaner	irwinklibaner@gmail.com	608-274-4089

Course Description

For those who love reading and discussion, this is the perfect entertainment. There is always a lively, opinionated, and friendly atmosphere with a warm welcome for all participants. Come join us as we delve into the ever-fascinating world of short stories and essays created by some of the best writers who have put pen to paper. The book for summer is: *Short Story Masterpieces*, by Raymond Carver & Tom Jenks (pb., Dell, 1987). It is available at Amazon or other used book outlets.

Location	Capitol Lakes
Meeting Day	Tuesday
Meeting Time	10:00 AM to 12:00 PM
Start Date	June 07, 2022

End Date	August 09, 2022
No Course Dates	
Participation	High participation with assignments and/or possible presentations by participants
Class Size	15
# of Sessions	10
Registration	Required, contact coordinator for instructions

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WRITING WORKSHOP

Coordinator

Name	Email	Phone
Andy Millman	mill60062@yahoo.com	847-275-6251

Course Description

"The scariest moment is always just before you start." Stephen King, *On Writing: A Memoir of the Craft*

Maybe you haven't written the first word. Possibly you're polishing that manuscript. Our writers' group will provide you with the feedback, structure and support you need to push forward or get started. All writers are welcome, regardless of your experience or the type of writing you wish to pursue.

Andy Millman's writing has appeared in several outlets, including "*Whistling Shade*," "*Points in Case*," "*Midwest Review*," "*The Big Jewel*," "*Zest Literary Journal*," "*Black Heart Magazine*," "*Flash Fiction Magazine*," "*The Helix*," and "*Pif Magazine*."

Location	Virtual
Meeting Day	Wednesday
Meeting Time	1:00 PM to 3:00 PM
Start Date	June 08, 2022
End Date	August 10, 2022
No Course Dates	
Participation	Regular reading/discussion expected
Class Size	14
# of Sessions	10

Registration Required, contact coordinator for instructions

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MINDFULNESS: AGING AS A SPIRITUAL PRACTICE: A BOOK DISCUSSION

Coordinator

Name	Email	Phone
Craig Wille	wille.craig@gmail.com	608-692-3163

Course Description

This class is in the format of a book discussion. The book, *Aging as a Spiritual Practice: A Contemplative Guide to Growing Older and Wiser*, by Louis Richmond is a user's guide to aging well. The book is about aging from a spiritual and experiential perspective. If you're a Buddhist, then many of the contemplative reflections may be familiar to you; and maybe in any context. If you're not a Buddhist, then these reflections may well speak to you and be of use. Purchase of the book is required. It's available from Amazon and other sources.

Location	Hybrid - Vista West
Meeting Day	Wednesday
Meeting Time	2:00 PM to 3:30 PM
Start Date	June 08, 2022
End Date	July 06, 2022
No Course Dates	
Participation	
Class Size	No limit
# of Sessions	5
Registration	Required, contact coordinator for instructions

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HIDDEN GEMS: LESSER KNOWN SONGS OF BOB DYLAN

Coordinator

Name	Email	Phone
Tim Otis	tierneyotis@gmail.com	608-233-1050

Course Description

This course will focus on some of Dylan's lesser known songs . Many of these songs are among his better compositions. We will listen to and watch performances of many of these songs and discuss the often interesting stories about their origins. During classes we will watch YouTube videos and documentaries, and have discussions about the music itself. There will also be recommended readings distributed as preparation for each class.

Location	Covenant Presbyterian Church
Meeting Day	Thursday
Meeting Time	10:00 AM to 12:00 PM
Start Date	June 16, 2022
End Date	July 21, 2022
No Course Dates	
Participation	Regular reading/discussion expected
Class Size	15
# of Sessions	6
Registration	Required, contact coordinator for instructions

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FOR MORE INFORMATION, CONTACT US AT:

info@platomadison.org

608-572-6869

6209 Mineral Point Road #203
Madison, WI 53705